

Food Fast & Famine Consent Form



Dear Parent/Legal Guardian,
Your son/daughter has shown an interest in participating in World Vision's 30 Hour Famine. Participation means that your son/daughter will:

- Sign up 30 Hour Famine sponsors and collect money to help those around the world who suffer from hunger, poverty, and a lack of hope.
- Miss three main meals by fasting for 30 hours.
- Drink only water and juice during those 30 hours.
- Turn in the Famine Student Guide and money raised to his or her Famine leader during the Famine event.



Thank you,
Kevin Good

Director of Youth Ministry
St. Joseph Roman Catholic Church
(479) 442-0890 ext. 238
youthministry@sjfay.com

If your son/daughter is not physically capable of fasting for 30 hours, he or she can still participate in a modified fast. Please contact me if you would like to discuss this option. Before I issue a Famine Student Guide to your child, I would like your acknowledgment that you support his or her participation.

I (name of parent/ guardian) _____, grant permission for my child, (participant's name) _____, to participate in St. Joseph's Life Teen Senior High Spring Retreat: Fayetteville, AR; to be held Feb. 24 from 7:00pm until Feb. 26 at 6:00pm. The event will be held at St. Joseph Church, 1722 N. Starr Drive, Fayetteville, AR • <http://www.sjfay.com>

I agree on behalf of myself, my child's other parent if known, or living (name of parent) _____, my child herein, or our heirs, successors, and assigns, to hold harmless and defend the Diocese of Little Rock, the sponsoring parish (its pastor, youth minister, other agents, etc.) or any representatives associated with the scheduled activity unless the parties involved were careless or negligent.

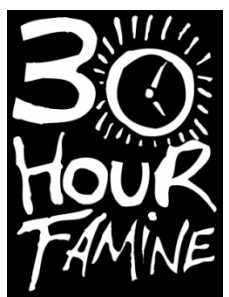
St. Joseph's Youth Ministry (SJYM) and their assignees or successors, in telling the events of the ministry, may include use on the website or St. Joseph's Life Teen publications, events and media purposes. Furthermore, I consent that such photographs, digital images, film, and/or videotape shall be the property of the SJYM, which has the right to duplicate, reproduce and make other uses in the best interest of SJYM, free and clear of any claim whatsoever on my part.

Signature (Parent/ Guardian)

Date

Signature of Participant
(Participant 18 years of age or older must sign own consent)

Date



World Vision is a Christian relief and development organization dedicated to helping children and their communities worldwide reach their full potential by tackling the causes of poverty.

Fasting is a physical benefit for most people. Exceptions are children under 12 years of age, the elderly, diabetics, those pregnant or nursing, and others who have had recent surgeries or have other specific medical problems. Most youth will have no problems completing the 30 Hour Famine; however, modifications can be made as necessary. If you have any health-related questions about your child's participation in the Famine, please consult your doctor.

For more information on fasting, you can request a "Facts on Fasting" sheet from your Famine group leader. You can also obtain this sheet by calling **1-800-7-FAMINE** or finding it at **www.30hourfamine.org**. Please do not send this consent form to World Vision.

This Retreat is also in conjunction with:  **OCRS**
CATHOLIC RELIEF SERVICES

